Encrypting an Excel file in Microsoft Excel 2007

1. Create a file in Excel as you normally would and save it.

2. Click the Office button in the upper left hand corner.

3. Click **Prepare**. Then, click **Encrypt Document**.

4. You will be prompted twice to enter a password for the document. Click **OK** when you have entered the password each time.

**Note:** Medical Information Technology cannot recover the password. If you forget the password, the document cannot be opened.

**Best practices:** If you send the encrypted file to someone, you should never include the password in the same email. You should also make the password different from any passwords you use to access other systems (Medical domain computers, your bank, personal email, etc.).